

## Why I Am Liked Or Disliked?

<b>Grade Level</b>	Seventh
<b>Minimum Time Required</b>	50 Minutes
<b>Materials/Resources</b>	Attached Worksheet
<b>Subject Area(s)</b>	Guidance

### Project Description:

1. Handout the worksheet to the students. Tell students no one will see their answers, so try to be as honest as they can.
2. Discuss each item with the class – why does each one help determine whether you are liked or disliked?
3. Ask each student to share one thing they learned about themselves.

<b>Career Development Standard</b>	Knowledge of the influence of a positive self-concept.
<b>Career Development Indicator</b>	Describe how one's behavior influences the feelings and actions of others.
<b>Delivery Level</b>	Review
<b>Academic Standards</b>	
<b>Language Arts</b>	2.4.a Write to clarify what is known about various topics. 2.4.b Write to synthesize, interpret, and use new information.
<b>Employability/SCANS Skills</b>	Personal Qualities Basic Skills
<b>Assessment/Rubric</b>	Students will be evaluated on class participation.

## Why I am Liked or Disliked?

Name \_\_\_\_\_ Date \_\_\_\_\_

Place a "t" for true or an "f" for false or an "s" for sometimes on each of the items below.

1. I carry out my promises.
2. I go out of my way to help others.
3. I refrain from exaggeration.
4. I avoid sarcasm.
5. I make an effort to be modest about my achievements.
6. I avoid losing my temper when people annoy me.
7. I avoid losing my temper when people don't listen to me.
8. I enjoy working with other people.
9. I cooperate with others in social activities.
10. I avoid criticizing others behind their backs.
11. I feel sorry about the misfortune of others.
12. I give help when needed.
13. I avoid telling others what they should do.
14. I listen courteously to the conversation of others.
15. I avoid temper tantrums.
16. I am cheerful and happy most of the time.
17. I avoid arguing with others over small things.
18. I do not gossip about others.
19. I speak in a quiet voice indoors.
20. I have my work done on time and do not ask others to let me copy theirs.
21. I avoid asking for special consideration.
22. I am accepting of others differences.
23. I avoid flattering people for personal gain.
24. I try to avoid embarrassing others.
25. I return what I have borrowed.

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- 26. I try not to borrow money from others.
- 27. I am careful about my appearance.
- 28. I tell the truth.
- 29. I am loyal to my family and friends.
- 30. I am loyal to my teachers and other adults, even if I do not always agree with them.
- 31. I obey my parents, even though I may sometimes question what they say.
- 32. I put my things away neatly.
- 33. I am on time.
- 34. I consider the interests of my friends when making a decision that will affect them.
- 35. I try not to show jealousy.

Were you honest with yourself when you answered each statement? If not, go over those items again. Look over your answers. What could you do to earn more respect, without compromising your own values? List three things you realized about yourself while doing this exercise.